# Recipe Submission Form

Credit Unions for Kids®
Children's Miracle Network Hospitals

## 2016 Credit Unions for Kids Cookbooks
## Proceeds to benefit Children's Miracle Network.

Nebraska Credit Unions are part of a nationwide movement of individuals who have dedicated their time and resources to support Children's Miracle Network. In this tradition, many Nebraska Credit Unions are working together to create a composite cookbook of favorite recipes from staff and members. The cookbooks will be available for purchase at participating credit unions in the late Fall of 2016.

## There are two ways to submit recipes:

1. *SUBMIT A RECIPE ONLINE:*
   *Go to www.typensaveonline.com. Click on "Login"*
   *For Group Login enter: cu4kids*
   *For password enter: pudding742*
   *For "Contributor" enter your name.*

2. *SUBMIT A RECIPE IN WRITING:*
   *Complete this form and return it to your credit union.*

**Recipes must be received by August 12, 2016.**

## RECIPE INFORMATION: *Please print clearly*

*Your Name:* _____ *Your Credit Union:* _____

*Your Phone Number or email (REQUIRED: in case of questions only):* _____

***Recipe Title (as it would appear in the cookbook):*** _____

***Recipe Type (Check one):*** ☐ *Appetizer/Beverage* ☐ *Soup/Salad* ☐ *Vegetables/Side Dish* ☐ *Main Dish* ☐ *Bread/Roll* ☐ *Dessert* ☐ *Cookie/Candy* ☐ *This & That*

***INGREDIENTS:***

| *Amount:* | *Ingredient:* |
|---|---|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

***STANDARD ABBREVIATIONS:***

| | |
|---|---|
| c. = cup | pkg. = package |
| pt. = pint | oz. = ounce |
| tsp. = teaspoon | gal. = gallon |
| T. = tablespoon | qt. = quart |
| lb. = pound | lg. = large |
| doz. = dozen | med. = medium |
| env. = envelope | sm. = small |

***Please remember to include cooking times, temperatures, etc.***

***INSTRUCTIONS:*** _____

_____

_____

_____

_____

_____

*In the event that the same recipe is submitted by several people, the first one received will be used.*
*There is a limit of 3 recipes per person.*